



Duration:

September 2024 – August 2027 (36 months)

Programme:

Erasmus+ | Cooperation Partnerships in School Education (KA220-SCH)

Reference No.:

2024-1-EL01-KA220-SCH-000246861

Project Partners:

National & Kapodistrian University of Athens, Greece (coordinator)
Universidad de Salamanca, Spain
Smart Bananas soc.coop. a r.l., Italy
Creative Thinking Development, Greece
Arcola Research Portugal LDA, Portugal
HIRO (Hrvatski Institut za Razvoj Obrazovanja), Croatia

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the Hellenic National Agency (IKY). Neither the European Union nor IKY can be held responsible for them.

All rights are reserved.

Copyright ©PreMedBullying Consortium, 2024-2027



Preventing Bullying in Primary Schools at the Mediterranean Region



A project to promote a safe, inclusive, and positive school environment where bullying and cyberbullying have no place. PreMedBullying empowers school communities with the tools and knowledge to prevent and respond effectively through life skills education and collaborative strategies.

www.premedbullying.eu



Target Groups

- Primary school pupils (ages 10–12)
- Teachers and educators
- School psychologists and social workers
- Parents, guardians and family members
- School communities and Policy makers

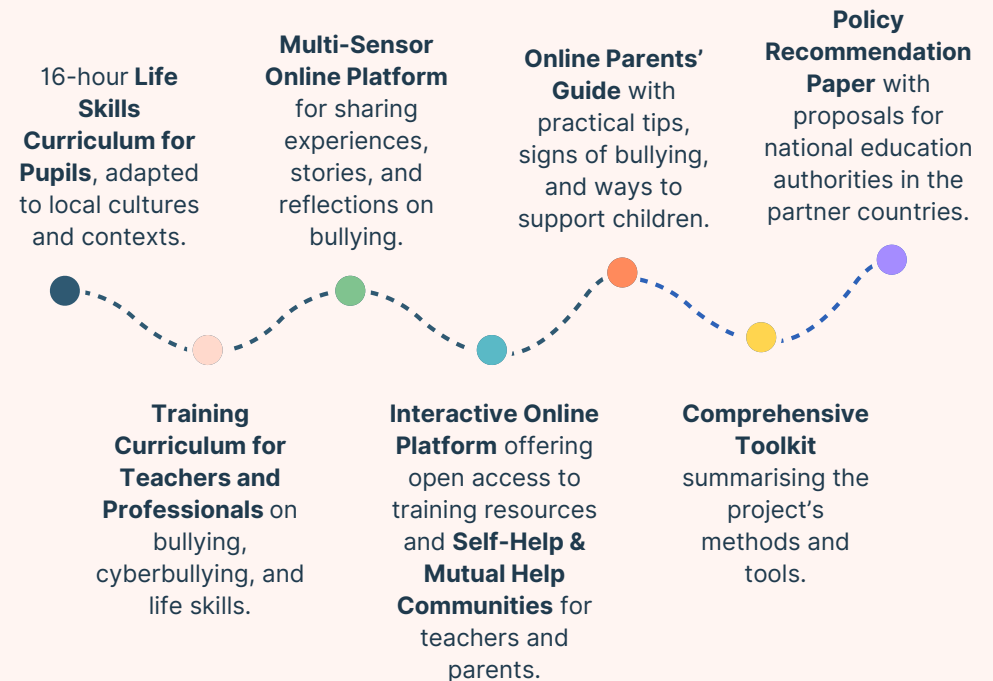
Main Objectives

- Develop a safe, inclusive, and positive school environment that prevents bullying and cyberbullying.
- Promote life skills among pupils, teachers, and parents to strengthen resilience and emotional wellbeing.
- Support school-specific, bottom-up strategies against bullying through community involvement.
- Provide training and tools for teachers, psychologists, social workers, and parents.
- Encourage active citizenship and European values like inclusion, democracy, and tolerance.

Key Activities

- **Focus Groups** with teachers and parents to identify needs and shape anti-bullying strategies.
- Online **Self-Assessment Tools** for **teachers and parents** to reflect on their life skills and roles.
- **Training for Teachers** in Participatory Action Research (PAR) and Life Skills.
- **Pilot Life Skills Training** for about 180 **pupils** across participating in the project schools.
- **Development, implementation, and Evaluation** of a Framework for Anti-Bullying, Cyberbullying and Life Skills Development School Policy and Strategy.
- **Certified Online Training** for teachers and professionals through a dedicated platform.
- **Workshops and Events** to share methods and good practices.
- **Final Conference** to present results to the wider educational community and policy-makers.

Main Outputs



PreMedBullying is a three-year Erasmus+ project that aims to prevent bullying and cyberbullying in primary schools across the Mediterranean. By promoting life skills education, inclusive school policies, and active collaboration among teachers, pupils, parents, and professionals, the project empowers school communities to create safer, more resilient learning environments. Through participatory research, certified trainings, digital tools, and a strong support network, PreMedBullying supports schools in building a culture of empathy, citizenship, and wellbeing.